

# MARSHMALLOW MADNESS



## Various Marshmallow Relays

Play a variety of marshmallow relay races with your group. Relay games with marshmallows can include almost anything: i.e., putting the marshmallow between their knees and going to a certain point and back; Or putting a large marshmallow between two people's foreheads. They have to walk down and back without dropping it; Or, balancing the marshmallow on a spoon; Or, balancing it on top of their heads as they walk.

*Spiritual Application:* At the end of his life, the apostle Paul talks about finishing "the race" (2 Timothy 4:7). How are you running your "race"? If you keep living the way you are right now, at the end of life, will you be able to look back and know that you finished well and did all that God had planned for you?

