

## Cereal Feed

Choose four volunteers who like cereal. Set-up a small table where your participants can sit across from each other. Assign two of them to be eaters and two of them to be feeders. Give each of the feeders a spoon and pour milk onto two bowls of cereal. When you say go, whichever group can feed/eat the most cereal in the time that you give them will win. (For an added effect, you might also want to put a disposable bib on the eaters. They might really need it!)

*Spiritual Application:* Let's say you have a friend at school whose mom comes up every day, sits down at the table with him and says, "Open the hangar. Here comes the airplane." And spoon-feeds him everyday. What would you think about that student? Sure, you'd think he's off. Why? Because he should be able to feed himself. Did you know that spiritually, most students depend on others to spoon-feed them? They come to church to be spoon-fed, but they never feed themselves at home or anywhere else. There comes a time to grow-up. A teenager shouldn't have to be spoon-fed lunch and he shouldn't have to be spoon-fed God's Word either.

Things to think about:

How much do you feed yourself God's Word outside the walls of the church?

What is stopping you from doing this?

What do you think you would gain from spending more time with Jesus?

What do you think it would cost you?

It might cost a little time or a little effort, but you'll never regret growing closer to the Lord.