

Game: **Body Spellers**
Discussion: **Courage and Love**
YOU WILL NEED: *No items needed.*

Body Spellers

This is a team competition. Let each team who is a part of your recreation time, sit in a circle on the floor somewhere in your room. Tell them that you are going to call out a letter and you want their team to use their bodies to spell the letter. Be watching to see which team is the fastest. Team Leaders can help in positioning their team members to create the letters of the alphabet. *(NOTE: Younger children will need help with this. Explain that you will write the letter on your marker boards so that they know what it looks like and then ask them to make the shape of the letter using their arms and legs.)*

Spell each of the following letters one-at-a-time: C / O / U / R / A / G / E

After spelling each of the letters once, tell the students that you are going to time them to see how fast they can use all the letters they just created to spell a word. Call all of the same letters, but more quickly, and as soon as everyone is in place for the previous letter, move to the next.

Discussion

SAY: We just spelled the word "Courage."

Ask the students—**What is courage?** (Courage does not mean that you're not afraid; it means that something is more important to you than your fear—For example, if someone is afraid to do what's right because everyone else is doing what's wrong, courage would help them to follow Jesus and trust Him even though kids might tease them. Living for Jesus is more important than the fear of what people will say.)

Spell each of the following letters one-at-a-time: L / O / V / E

Ask the students—**Does it take courage to love people who treat you wrong?** (Yes.)

SAY: But because Jesus loves us we can also love others, even when they treat us badly.