

FAMILY ACTION PACK
Week 5—Special Time
The Shield

You will need:
A pillow for each member of your family.
A Bible marked at Psalm 18:1-4.
A Bible marked at 1 Peter 5:7.

Pillow Fight—Part 1

Have a family pillow fight—Set boundaries, clear an area and have fun. You may also want to set limits depending on the age of your children.

Take a break, sit on your pillows and ASK: What was your pillow made for?

SAY: Our pillows were made for sleeping, not fighting. Of course it is fun to use them for a good fight, but you'd never really win a fight if all you had was a pillow. Why? That's not what it was made for. Imagine an army going into battle, all carrying fluffy pillows—that's crazy!

SAY: Just like our pillows were made for a reason, God made you for a reason too. He has great plans for your life and everything you've ever wanted in life is found only in Christ.

Pillow Fight Instructions—Part 2

Have one family member protect another during the pillow fight. Then take turns protecting each other.

SAY: God's purpose for you is to give your life to Jesus and follow Him every day in every way. When you do this, you can know that God is a shield for you. God becomes your personal protector.

READ: Psalm 18:1-4 from your Bible.

SAY: God cares about everything in your life. Because of this, you can give your cares to God because He cares for you.

READ: 1 Peter 5:7 from your Bible.

PRAY—List your family's "cares" or prayer requests below and thank God for making you special, for being your shield and for always taking care of you.

Family Prayer Requests

List prayer requests below: