## Week 3—Special Time Balance It!

## You will need

A piece of paper and some tape or other items that can be balanced—i.e., a wooden spoon, a feather, a dial rod, etc.

A Bible marked at Hebrews 11:13-16

## **Get Started**

Take turns trying to balance items on either your middle finger or in the palm of your hand. You can use a wooden spoon, a feather, a dial rod, or just a piece of rolled up paper that is taped to make a narrow cylinder.

The KEY: The key to balancing any item, professionals say, is to keep you eyes focused on the top of the item. Don't look at your hand. Look up.

*SAY*—God wants us to keep our eyes on Him too. Even though we can't see Him, He has given us the Bible that is full of promises to which we can cling. He has also given us Himself and wants us to keep Him the focus of our lives.

Read Matthew 14:22-33 from your Bible.

ASK—When did Peter start to sink? (When He took His eyes off Jesus.)

ASK—What are some ways that people we know might take their eyes off Jesus? (By letting sin have a place in their lives; by starting to live for things rather than for Christ.)

ASK—What can you do to grow closer to Jesus and to help keep your focus on Him? (Read the Bible, ask your parents to read the Bible as a family, pray together, encourage each other in Christ, go to church, etc..)

<u>PRAY</u>— List prayer requests below and ask God to help you to always keep your heart focused on Him.

Family Prayer Requests
List prayer requests below:

## **Bedtime Bible Reading**

At bedtime tonight, read a great Bible Bedtime story from 2 Kings 6:8-23 and see someone (Elisha) who saw a tough situation through the "eyes of faith." His focus was on God; not the things going on around him.

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