

FAMILY ACTION PACK
Week 13—Special Time
Taste Testers

You will need
A Blindfold

Two drinks or food items that you know your child likes.
One drink or food item that you figure your child will dislike.
Your Bible marked at Philippians 4:4.

Get Started

Send your children to another room while you find three drinks or food items, two that you know they like and at least one that you figure they won't like. For example, you might use chocolate milk, Pepsi, and prune or pickle juice. Then blindfold your children and bring them in one at a time to be a "Taste Tester." Give them the item they won't like last.

ASK—*Did you get what you expected?*

SAY—Sometimes in life we get what we expect, sometimes we don't. Bad things can even happen to good people, but listen to what the Bible says about what we should do when bad things happen.

Read Philippians 4:4 from your Bible.

ASK—*When "bad" things happen, what can you do?*
(Make the choice to rejoice.)

ASK—*Why do you think you can always rejoice?* (Because God is faithful. He'll never let you down. He'll always keep His Word. You can trust Him, etc.)

ASK—*What are some things our family can rejoice about?*
(Don't just list good things. Also list things that they might consider to be "bad." For example, we can rejoice even though daddy lost his job. Why? Because we trust God and we know He won't let us down.)

PRAY—And thank God that no matter what happens in our lives, because of who He is, we can make the choice to rejoice.

Family Prayer Requests

List prayer requests below:

Week 13—Breakfast Bites

What are some good things that our family can give thanks for and rejoice in today?

What are some unpleasant things for which your family can thank God? (Remember that God wants us to give thanks, not just for the good things, but for everything, even circumstances we didn't desire. We can still rejoice because we trust God and know He won't let us down.)

Read Philippians 4:4-8