

Walk Carefully

Using two wooden spoons and two real eggs, have a egg-spoon walk: Choose two volunteers to use wooden spoons with eggs balanced on top to walk from the starting point to another marker and back. And if you want to make it even more interesting, have some volunteers lie down, over which your participants must step.

Spiritual Application: It's a race, but the winner isn't the one who finished first but the one who didn't drop the egg. Sometimes we go so fast, we don't take time to be careful with others. We get selfish and forget what really matters in life. What are some ways that you have been selfish? Have there been times that you were too busy or too selfish to care about others? Who is someone you can show care for this week?

NOTE: Anytime you use real eggs in an illustration, be sure to put down a floor-covering such as a painter's sheet.