Candy Hearts

Give each student a Valentine candy heart that has a word or message on it. (NOTE: If you have more than one heart per student, give them only one now and the rest at the end of the lesson.)

SAY: This week is Valentine's Day and you're probably going to see some of these candy hearts. Each one of them has a special message on it. Let's go around the circle and take turns telling us the special message that you have.

Ask the students-How would you feel if you had to do whatever is on your candy heart?

<u>Ask the students</u>—If God were to send you a special message, what do you think it would say?

SAY: The Bible is God's special message to us. It tells us how to live and what to do in everything we will ever face in life. The Bible is our guide.

SAY: Tell me what the Bible says about what to do in the following situations:

(1) Your dad goes on a trip and is gone for several days. You're worried about him getting home safely. What does the Bible say to do when you're worried? When you're worried, the Bible says to not to worry, but to pray with thanksgiving and make your requests known to God (Phil. 4:6).

(2) A bully at school keeps teasing you. What does the Bible say to do when you're mistreated? When you're mistreated, the Bible says to pray for those who treat you badly and to look for ways to do good to them (Matthew 5:44).

(3) You saw something scary on TV and now when you lay in bed, you're afraid. What does the Bible say to do when you're scared? When you're scared, the Bible says turn your mind to trust God. When you realize how great God is and that He is in control and that your life belongs to Him, what is there to be afraid of? (Psalm 56:3).

(4) Your dad lost his job and you don't know how your family is going to have money or how your parents are going to pay the bills or even buy food to eat? When you're concerned about something, the Bible says to cast your cares on God because He cares for you (1 Peter 5:7).