

Prayer Illustrations



Throwing Fish

Prayer Activity: **Throwing Fish**

Scripture : **1 Peter 5:7**

YOU WILL NEED: *A fishing net and some cut out pieces of paper with a fish on them.*

SAY: Some people worry about a lot of things.

Ask the students—**What are some things people worry about?**

Ask the students—**Have you ever been worried?**

Ask the students—**What were you worried about?**

Ask the students—**How did it make you feel?**

SAY: Listen to what the Bible says you should do when you get worried.

And get your Bibles ready for a Bible Drill.

Ready...1 Peter 5:7...Go!

Read from your Bible: 1 Peter 5:7

SAY: “Casting” means to throw, and God wants you to throw all your cares on Him because He cares for you.

Ask the students—**Do any of you like to go fishing?**

SAY: When a person goes fishing, they “cast” their bait or lure into the water. Then they reel it back in. That’s what a lot of people do with their cares. They “cast” or throw them to God, and then they reel them back in and keep worrying about them. God wants you to throw your cares on God and to leave them there. Because God is who He is, you don’t have to worry. Trust him to take care of you.

SAY: So today we’re going to take our fish and write our prayer requests on them and “throw” them into the net to remind us to always cast our cares on God and of how we can leave our worries with Him.

