



The Shield

Choose 2 volunteers. Give one a baggie of marshmallows. Tell him that he is going to throw them at the second volunteer. He can throw one at a time or handfuls at a time. Tell the other to stand in one spot on the floor and not to move. When you say go, the first volunteer is supposed to try to hit the second one with marshmallows. Don't tell them that you're going to be a shield. "Get ready...Get set...[step in front of the second volunteer]...Go!" Block the marshmallows. After a few moments, say "Stop!"

Spiritual Application: God is a shield for those who love and follow Him, and everyday there are things He blocks from coming your way because He loves you and cares about everything in your life. See Psalm 33:20-21.

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