

## Illustrations

### The Great Obstacle Course

Choose several volunteers to participate in an in-room obstacle course. Do something similar to the following: 1. Throw a ball through a hoop 2. Drink a cup of water 3. Skip to the back wall 4. Hop on one foot to the front of the room 5. Spin in a circle five times 6. Sit on a balloon and try to pop it.

*Spiritual Application:* What are some obstacles that hinder you from walking with Jesus? What things help you to know Jesus better? You could get a fast time in the game because I told you what to do and how to do it. That's what the Bible does—it tells us what to do and how to do it. But if you don't follow what it says, will you ever "win" in life? That's why it's important to read the Bible and memorize verses...