

Sink or Float

Show your group a can of non-diet soda. Ask, "How many of you think this can of pop will float?" Drop it into a clear, large jar, full of water. (A pickle jar works great.) It will sink. Then do the same with a diet pop. "Who thinks this pop will sink?" It will float.

Spiritual Application: What's the difference? Show them a packet of sugar. "About this much sugar. That's the difference. Who says a little can't make a big difference? You know, the more you spend time with God, the more of a difference He makes in your life. A little time with Jesus can go a long way, so make sure you spend time with Him every day."