

MARSHMALLOW MADNESS



Nose or Toes Relay

Divide your students into equal teams. Have students spin a wheel or choose a number that will designate them for the “nose” or for the “toes.” Whichever they get, that’s what they have to use to move a large marshmallow from the beginning of their team’s line to another designated spot. The “nose” people can use their noses to roll the marshmallow. The “toes” people can either use their toes to pick it up or set it on top of the toes of their shoes to move it.

Spiritual Application: Using the right tools. If you wanted to carry the marshmallow from here to there, what would you use (i.e., my hand). From this point, you can talk about being the body of Christ and how we are all one body but have different functions (Romans 12:4-5) or about tools God has given us to help in life—i.e., God has given us the Bible as a tool to help us overcome sin and temptation. See Matthew 4 where Jesus is tempted. Also, Psalm 119:11 is a great key verse for this point.

