

Illustration: **A Letter to Self**

Discussion: **Where do I want to be in my relationship with God in one year?**

Scripture: **2 Corinthians 5:17**

*YOU WILL NEED: Enough copies of the page at the end of this lesson for all of your students, pens or pencils, envelopes, the commitment to keep these letters in a safe place for one year and then to mail them.*

## Letter to Self

SAY: I am going to read a verse to you about the new beginning a person has in Christ but first **close your eyes**:

SAY: With your eyes closed, take a look inside your own heart. Are there things you've been doing in the past year that you know don't belong in the life of someone who is a follower of Christ? Have you treated people in a bad way? Have you had a bad attitude? Have you had a bad mouth? Have you entertained bad thoughts? Perhaps you have looked at things, watched things, listened to things that you know weren't right? Are you living in a way that is totally pleasing to God? With your eyes closed listen to this verse:

### **Read 2 Corinthians 5:17**

*(It would be best if you had this already pre-marked in your Bible.)*

SAY: Now, with your eyes closed, perhaps today you need a new beginning. Perhaps today you need to confess your sins to God, ask for His forgiveness and turn from them to follow Him again. I'm going to give you a moment of silence to do this if you want to. Use this time to talk to God about your life and to be still before Him.

SAY: Now, with your eyes still closed, I want you to think about what you want God to do in your life during the next 12 months. *(Give them a few quiet moments to do this.)*

SAY: You can open your eyes now. I'm going to give you a piece of paper and several minutes to write a letter to yourself expressing where you want to be in your relationship with Christ a year from now and listing any spiritual goals you might have. Take your time and then put it in an envelope and address it to yourself. These letters will be sent to you in one year. Nobody will look at them. This is your letter to God and a reminder to yourself about where you want to be in your relationship with Him in one year's time.

*(NOTE: Give the students several minutes to do this activity and check to make sure that they addressed the letter to themselves, including their full address.)*

## *A Letter From You*

*INSTRUCTIONS:*

*Write below a letter to yourself expressing where you want to be in your relationship with Christ a year from now and listing any spiritual goals you might have. These letters will be mailed to you in one year.*

-----

*Date:*

*Dear \_\_\_\_\_,*

*These are my Spiritual Goals for the next year:*

*There if anyone is in Christ, there is a new creation; old things have passed away, and look, new things have come. (2 Corinthians 5:17).*