

Illustration: **Fruity Balloon Hit**  
Discussion: **Learning the Fruit of the Spirit**  
Scripture: Galatians 5:22-23

*YOU WILL NEED: Lots of balloons.*

## **Fruity Balloon Hit**

### *Introduction*

Introduce the fruit of the Spirit (Galatians 5:22-23) by using a different colored balloon for each fruit. Have the balloons lined up across the front of the room with the names of the fruit written on them. Lead the kids in saying each fruit aloud.

### *Game*

Game rules: Stay in your seat (Say, "My seat is sweet"), keeping all four chair legs on the ground. When you hit a balloon, you have to say out loud the fruit written on that balloon. Then hit out a couple of balloons. Begin with just one or two, then keep adding them until a multitude of balloons are in play. Be sure to tell the kids not to get up out of their seats. If a balloon goes out of reach, one of the leaders will pick it up and throw it back in. (This is a great game for large groups.)

*(NOTE: The above illustrations work well for any list you want to help the children to remember--i.e., the Ten Commandments, etc.)*