

Hand Illustrations for The Ten Commandments

Commandment #1—Finger in the number 1 position—“Keep God first.”

Commandment #2—Fingers like cutting scissors—“Cut out idols.”

Commandment #3—Middle three fingers up to form a W—“Watch your Words.”

Commandment #4—Four Fingers Up for Four words—“Keep God’s Day Holy.” (This can also tie into a family of Four going to church in a car that has Four wheels, etc.)

Commandment #5—Five fingers, moving up to salute, like an army salute—“Honor your father and mother.”

Commandment #6—One hand holds up all five fingers; the other uses one to make a gun—“Bang! Do not murder.”

Commandment #7— One hand holds up all five fingers; the other holds up two—“Stop!” (using the hand with five fingers). “Do not commit adultery” (Some people for preteens use the two fingers to point at the eyes since preteens are beginning to deal with certain “lust” temptations.)

Commandment #8— Hold up four fingers on each hand; no thumbs. In certain countries they cut off your thumbs if you are caught stealing—“Do not steal.”

Commandment #9— Hold up nine fingers; turn your hands towards each other and wiggle your fingers while making a whispering sound—“Do not lie.” (Some people say that there are nine people over here and one over there and these nine are telling lies about her. Other stories/illustrations can be made up using the nine fingers as well.)

Commandment #10— Hold out both hands with all ten fingers, palms up like you’re reaching or grasping for something.—“Give me! Give me! Give me! Do not covet.”