

Discussion: **God is my Shield**

Scripture: Psalm 33:20

YOU WILL NEED: *Marshmallows.*

God is My Shield

Choose 2 volunteers— Give one a baggie of marshmallows. Tell him that he is going to throw them at the second volunteer. He can throw one at a time or handfuls at a time. Tell the other to stand in one spot on the floor and not to move. When you say go, the first volunteer is supposed to try to hit the second one with marshmallows. Don't tell them that you are going to be a shield. "Get ready...Get set...[step in front of the second volunteer]...Go!" Block the marshmallows. After a few moments, say "Stop!"

SAY: The Bible says that God is a shield for those who love and follow Him, and everyday there are things He blocks from coming your way because He loves you and cares about everything in your life.

Read Psalm 33:20

SAY: God is your shield and your helper and He is always there.

SAY: Every time I point to you, say, "God is there!"

The next time you're in bed at night and you get scared (point)...*God is there!*

The next time a bully picks on you at school (point)...*God is there!*

The next time someone calls you a name and hurts your feelings (point)...*God is there!*

The next time a tornado is coming toward your house (point)...*God is there!*

The next time you're so scared you get a stomach aches (point)...*God is there!*

SAY: God is always there for you! And if Jesus is #1 in your life and you're walking with Him, nothing will ever come your way unless it first comes through Him. He is your shield.

(NOTE: You might want to play a game of marshmallow "dodge-ball" as an introduction to this game.)