

Gentleness

Take a baby doll or a stuffed animal and hold it in your arms like a newborn baby. How many of you have ever held a newborn baby? You have to support the head because a baby can't hold it up by himself. You also probably need to keep him wrapped in a blanket so he doesn't get chilled.

Spiritual Application: You have to be gentle with a baby, but why do people think that as we get older we can stop being gentle with each other. Physically we can take more bumps and bruises than a baby, but we should never stop being gentle with other concerning our words and actions. Did you know that Jesus was gentle? (See Matthew 11:28-29). He was also powerful. Since Jesus was gentle, we can be gentle too.