

Illustration: **Balloon Blow-Up**

Discussion: **Filling your life with good things**
You were created for good works

Scripture: Ephesians 2:10

YOU WILL NEED: 2 balloons (*Optional: You can also show a balloon animal balloon—These are called 260Q pencil balloons and can be found in most balloon variety stores or online.*)

Balloon Blow-Up

*Choose 1 volunteer—*Hand them a blown-up balloon and ask them to make a balloon animal dog. Obviously they can't do it because you have given them the wrong kind of balloon.

SAY: You can't make a balloon animal from this because this balloon wasn't made for balloon animals. It's the wrong kind. In the same way that this balloon wasn't made for balloon animals, you weren't made to do wrong things.

Read Ephesians 2:10

SAY: God created you and saved you for good works. Watch this...

Begin to blow up a balloon. After each big blow say, "And a little more..." Keep blowing until the balloon explodes. (*NOTE: Some balloon shred when they explode from overfilling, so be sure to close your eyes while you are doing this.*)

SAY: This balloon wasn't made to hold that much air. It was made with a different plan. God has a plan for you too and the Lord didn't make you to fill your life with bad things. Instead, let God fill your life with His things.

Continue with a discussion of the good things with which God wants your students to fill their lives.

Copyright three-thirty ministries, 2008. www.threethirtyministries.org