



Family Time with God

Week 2—Fight to Do Right

YOU WILL NEED: Pillows and a Bible marked at Matthew 4:1-11 and Proverbs 20:11

GET STARTED

Have everyone get a pillow from their bed.

SAY: Tonight we're going to have a pillow fight but first there are a few rules that we need to go over.

- RULES:
- (1) When we say STOP, you have to stop.
 - (2) Be careful NOT to accidentally hit someone with your hands.
 - (3) Explain the boundaries of the game—make sure there's nothing around that can get broken or could hurt someone if they fell.

Have one-on-one pillow fights. Be the referee for your kids. Let your kids help referee when you participate.

REPEAT after ME: "Fight to Do Right."

SAY: Sometimes doing what is right can be a fight. Sometimes it can be hard to do what's right.

ASK: **What are some things that are wrong?**

ASK: **What are some wrong things that you're sometimes tempted to do?**

ASK: **How can you “fight” to do what's right when you're tempted?**

SAY: Listen to what Jesus did when He was tempted...And while I read this story hold up your fingers to count how many times He was tempted.

Read Matthew 4:1-11 from your Bible.

ASK: **How many times was Jesus tempted? (3.)**

ASK: **Is it wrong to be tempted?** (No. Jesus was perfect—He never did anything wrong. Temptation is the push to do something wrong; Sin is when you choose to do something wrong. Jesus was tempted but Jesus NEVER sinned. He was perfect.)

ASK: **How did Jesus fight against the temptation?**

SAY: Jesus quoted from the Bible. He used God's Word to overcome temptation. God's Word can help us overcome temptation too.

SAY: God has a plan for each of our lives. His plan is for us to follow Him and to always do what is pure and right.

Read Proverbs 20:11 from your Bible.

SAY: You will be known by the things you do. Like Jesus, you can overcome temptation and do what you know is right.

PRAY and thank God for helping us to overcome temptation. Pray that your family will live pure and right.