Game: Face to Face

Discussion: Contending for your faith

Scripture: Jude 3

Face to Face

Choose two volunteers to stand toe to toe and to put the palms of their hands together. When you say "go," they are to push against the other person's hands. Whoever moves a foot, steps back, or is thrown off balance, their opponent wins the competition. Use several volunteers for this and try to establish your class champion.

SAY: In this competition you had to "contend" to keep your footing. You had to fight and struggle for it.

- In what ways do Christians need to "contend" for their faith?
- What are some things believers can do to keep their footing and stand firm for Christ? (Grow as a believer, pray, read and study their Bibles, go to church, etc.)

Choose a volunteer to re-read—Read Jude 3

- SAY: The word "contend" here literally means, "to contend as a combatant," as if one is in a contest of a competition. It's also an intensive word that could be translated "to contend earnestly." In other words, earnestly fight for your faith. Contend for it, like a boxer who is both aggressive, striking out, but also defensive to protect oneself. Strike out against false teachings and those who defy the truth, but at the same time, protect and defend your faith, both in how you live and in what you say.
- Answer the following silently to yourself:

On a scale of 1 to 10, how well do you contend for your faith? How far are you willing to go to contend for your faith? How far are you willing to go follow Christ? Would you follow Him if it meant giving up your dreams? If it meant losing friends? If it meant being teased? If it meant being embarrassed?

SAY: "Contending" for your faith and don't fall away. The only way to truly not fall away from Christ is to every day make the commitment to say, "Yes, Lord Jesus, I give my all to you and I say 'yes' already to anything You ask me to do. I will live my life in complete and total surrender to you."