Illustration: **Drip Jesus**

Discussion: Be Filled with the Spirit and drip Jesus everywhere you go

Scripture Ephesians 5:17-18

YOU WILL NEED: A sponge and a bucket of water.

Drip Jesus

Read and explain Ephesians 5:17-18

Show a dry sponge to your students. Explain to them that most people live dry and empty lives—even many believers feel empty because they don't live "in the Spirit." But God's desire for you is NOT to be like this dry sponge. Instead, when you plunge your life into Christ—no holding back, full-surrender, no retreats, no regrets, no matter what the cost, no matter what people say, no matter what people think, no matter what God leads you to do—it doesn't matter, because you've already told Him yes to anything He wants, even if it makes you feel like a fool. I'm talking about total death to self, like what John the Baptist said in John 3:30 about Jesus becoming greater and him becoming less. That's when He fills you with His life. So, plunge your life fully into Christ, (plunge the sponge into the bucket) and you'll find that your life will change. (Hold up the sponge. Let it drip everywhere.) And when you do this, people will notice that there's something different about you. Begin to walk with the sponge. Let it drip a trail. When you drip Jesus everywhere you go, people can't help but to notice that you're not like everyone else. Because of this, some people, even Christians will tease you, but it doesn't matter. You're living to please God. And everyday, keep plunging back into His Word, keep plunging into prayer, keep plunging into His life and letting His life fill you up and overflow out.

Continue with a discussion of what it means to be filled with Spirit (See Galatians 5:16-26, Romans 8:5-6, Colossians 3, etc.)