

Game: **Dodge Ball**

Discussion: **What you should and shouldn't dodge in life**

YOU WILL NEED: *Instead of using the playground balls, use small foam or soft-feeling balls such as the water-balls that many people using in water fights or in their swimming pools. .*

## Dodge Ball

### Dodge Ball, Version 1

*Regular Dodge Ball:* One hit and the student is out. When out, the student needs to sit down away from the game. If a student catches the ball, NO ONE is out.

#### *Spiritual Application*

A minute ago you wanted to “dodge” the balls. There are few things that God wants you to dodge in life. God wants you to dodge sin. Give me an example of sin. What are some ways you can dodge sin? (Walk with Jesus, Go to church, pray, read your Bible.) How can you help others dodge sin? (Tell them about Jesus; If they are doing something wrong, help them to choose to do what's right.) If you want, you can tie in Ephesians 6 where Paul talks about how the fiery darts of the devil are deflected by the shield of faith.

### Dodge Ball, Version 2

*3-Hit Dodge Ball*—First hit, drop to one knee; Second hit, sit down, cross-legged; Third hit, now they're out.

#### *Spiritual Application*

A minute ago I told you some things that God wants you to dodge in life, but there are also some things that God does not want you to dodge or “miss out” on—He doesn't want you to miss out on REAL life—which only comes from Jesus, or to miss out on giving your life to Christ, or to miss out on the love, joy, and peace that comes from knowing and following God.

Ask the students—What are some ways that you can follow Jesus?

Ask the students—What do you think stops some people from following Jesus?

### Dodge Ball, Version 3

*Side-Trading Dodge Ball*— When a person is hit, he or she switches teams. Have a time limit for this because this game can go on a long time.

#### *Spiritual Application*

When you hit someone with the ball, what happened? They came to your side. In life we want to live on God's side and we want to help others come to Him as well. What are some ways that you can help others come to know Jesus? By the way you live your life, do you think other students would want to know more about your Jesus? Do you think your friends know that you are a Christian? What do you think they would say if they knew that you followed Jesus—would they be surprised?