Binocular Illustration

Choose a volunteer. Give her a pair of binoculars and have her look at something. Then ask, "What are you looking at? Can you see what I'm doing?" No. Why? Because you're focused elsewhere. In a similar manner, when you are focused on God, the devil won't be able to distract you either. Two great stories to talk about focus are Jesus and Peter walking on the water in Matthew 14:22-33 and the story of Elisha and his servant in 2 Kings 6:8-17.