## A Banana you can Depend On

How many of you didn't eat breakfast this morning? How many of you did eat breakfast? How many of you ate cereal? How many of you ate a banana? Well, today bananas are going to help us to learn about being faithful. Begin to peel the banana or call up several volunteers and have a banana peeling competition.

Spiritual Application: The banana is always inside the peal—you can depend on it. A faithful person is someone you can count on or depend on too.